



OCTOBER 2020

CATHOLIC ACADEMY OF NIAGARA FALLS

\$ 2.85

Monday	Tuesday	Wednesday	Thursday	Friday
CHICKEN ALFREDO 5 BROCCOLI FRUIT MILK	GRILLED CHEESE 6 TOMATO SOUP FRENCH FRIES FRUIT, MILK	PULLED BBQ PORK 7 ON ROLL COLESLAW BAKED BEANS FRUIT, MILK	PASTA W/MEAT SAUCE CHEFSALAD GARLIC TOAST FRUIT, MILK	NO LUNCH 2
NO SCHOOL 12	MOZZARELLA STICKS 3 W/SALSA FRENCH FRIES CORN FRUIT, MILK	BUFFALO CHICKEN 4 WRAP W/LET/TOM NACHO CHIPS & CHEESE FRUIT, MILK	PASTA W/MEAT SAUCE 5 CHEFSALAD BREAD & BUTTER FRUIT, MILK	PIZZA W/CHEESE & PEPPERONI 6 CARROT STICKS W/DIP FRUIT, MILK
BREAKFAST LOGS 9 SAUSAGE HASHBROWNS ORANGE JUICE FRUIT, MILK	HAMBURGER ON ROLL 20 FRENCH FRIES GREEN BEANS FRUIT, MILK	SOFT SHELL TACO 1 W/LET/TOM/CHEESE NACHO CHIPS CORN FRUIT, MILK	PASTA W/MEAT SAUCE CHEFSALAD ROLL FRUIT, MILK	PIZZA W/CHEESE & PEPPERONI 23 BROCCOLI FRUIT, MILK
RICE BOWL 26 W/CHICKEN OR TACO BEEF W/LET/TOM/CHEESE CORN, FRUIT, MILK	HOTDOG ON ROLL 27 FRENCH FRIES BAKED BEANS FRUIT, MILK	BBQ CHICKEN 28 MASHED POTATOS CORN FRUIT, MILK	PASTA W/MEAT SAUCE 29 CHEFSALAD GARLIC STICK FRUIT, MILK	PIZZA W/CHEESE & PEPPERONI 30 GREEN BEANS FRUIT, MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER
 CEREAL, TUNA, PB & JELLY ALSO SERVED DAILY
 MENU IS SUBJECT TO CHANGE