

**BREAKFAST**

**OCTOBER 2024**  
CATHOLIC ACADEMY OF NIAGARA FALLS

Free

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
| 7<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk  | 1<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk  | 2<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk  | 3<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk  | 4<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk  |
| 14<br>No<br>School  | 8<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk  | 9<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk  | 10<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk | 11<br>No<br>School  |
| 21<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk | 15<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk | 16<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk | 17<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk | 18<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk |
| 28<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk | 22<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk | 23<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk | 24<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk | 25<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk |
| 29<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk | 30<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk | 31<br>Choice of cereal,<br>cheese stick<br>crackers, fruit<br>juice, milk |   |   |

This institution is an equal opportunity provider and employer  
1% white and low-fat chocolate milk are served daily