



LUNCH

SEPTEMBER 2025

Catholic Academy of Niagara Falls

FREE

Monday

1

Waffles in a bag
egg patty
sausage links
hash brown
fruit, milk

15

Pancakes in a bag
egg patty
sausage links
hash brown
fruit, milk

22

Breakfast bagel
hash brown
fruit, milk, juice

29

Pancake on a stick
egg patty
hash browns
fruit, milk, juice

Tuesday

2

Hot dog on roll
french fries
pork and beans
fruit, milk

16

Cheeseburger
on a roll
potato salad
green beans
fruit, milk

23

Ham & cheese sub
w/ lettuce & tomato
vegetable soup
chips
fruit, milk

30

BBQ burger
on a roll
baked beans
tater tots
fruit, milk

Wednesday

3

Beef Taco
w/ lettuce, cheese, & salsa
nachos & cheese
taco beans
fruit, milk

10

Mac and cheese
peas
garlic roll
fruit, milk

17

Rice bowl
w/ chicken strips
w/ lettuce, tomato, or salsa
corn
fruit, milk

24

Breaded chicken
mashed potatoes
corn
fruit, milk

Thursday

4

Cheese ravioli
chef salad
garlic stick
fruit, milk

11

Pasta
w/ meatballs
chef salad
dinner roll
fruit, milk

18

Pasta
w/ meat sauce
chef salad
garlic stick
fruit, milk

25

Pasta
w/ meat sauce
chef salad
roll
fruit, milk

Friday

5

Pizza w/ cheese
& pepperoni
chef salad
fruit, milk

12

Pizza quesadilla
w/ salsa, corn
chef salad
fruit, milk

19

Pizza w/ cheese
& pepperoni
chef salad
fruit, milk

26

Pizza logs
chef salad
carrot sticks
w/ dip
fruit, milk

This institution is an equal opportunity provider and employer.

1% white milk and low-fat chocolate milk are served daily. Cereal lunch or sandwiches (tuna, PB&J or just cheese) served daily.

Menu subject to change.