



BREAKFAST

SEPTEMBER 2026

Catholic Academy of Niagara Falls

FREE

Monday

Tuesday

Wednesday

Thursday

Friday



7
NO
SCHOOL

8
Choice of cereal
cheese stick
crackers, fruit
juice, milk

9
Choice of cereal
cheese stick
crackers, fruit
juice, milk

10
Choice of cereal
cheese stick
crackers, fruit
juice, milk

11
Choice of cereal
cheese stick
crackers, fruit
juice, milk

14
Choice of cereal
cheese stick
crackers, fruit
juice, milk

15
Choice of cereal
cheese stick
crackers, fruit
juice, milk

16
Choice of cereal
cheese stick
crackers, fruit
juice, milk

17
Choice of cereal
cheese stick
crackers, fruit
juice, milk

18
Choice of cereal
cheese stick
crackers, fruit
juice, milk

21
Choice of cereal
cheese stick
crackers, fruit
juice, milk

22
Choice of cereal
cheese stick
crackers, fruit
juice, milk

23
Choice of cereal
cheese stick
crackers, fruit
juice, milk

24
Choice of cereal
cheese stick
crackers, fruit
juice, milk

25
Choice of cereal
cheese stick
crackers, fruit
juice, milk

28
Choice of cereal
cheese stick
crackers, fruit
juice, milk

29
Choice of cereal
cheese stick
crackers, fruit
juice, milk

30
Choice of cereal
cheese stick
crackers, fruit
juice, milk



This institution is an equal opportunity and employer. 1% white and low-fat chocolate milk served daily.
On alternate days hot breakfast (waffles, pancakes, & breakfast sandwiches) parfait, and banana bread are also served.
Menu subject to change.