



LUNCH

SEPTEMBER 2026

Catholic Academy of Niagara Falls

FREE

Monday

NO
SCHOOL

Tuesday

Hot dog on a roll
french fries
baked beans, pickles
fruit, milk

Wednesday

Chicken finger wrap
w/ assorted sauces
mac n cheese, peas
fruit, milk

Thursday

Pasta
w/ meat sauce
green beans, dinner roll
fruit, milk

Friday

NO
SCHOOL

7

14

Pancakes in a bag
hash brown, eggs
sausage links
fruit, milk

21

Waffles in a bag
hash brown, eggs
sausage links
fruit, milk

28

French toast
hash brown, eggs
sausage links
fruit, milk

8

Cheeseburger on a roll
w/ lettuce & tomato
tater tots, carrots
fruit, milk

15

Ham & cheese sub
w/ lettuce & tomato
carrot sticks w/ dip
french fries
fruit, milk

22

Hot dog on a roll
tater tots
baked beans, pickles
fruit, milk

29

Grilled cheese
french fries
tomato soup, peas
fruit, milk

9

Beef taco wrap
fiesta beans w/ rice
corn
fruit, milk

16

Chicken & rice
vegetable egg rolls
broccoli
fruit, milk

23

Fish sticks wrap
mac n cheese, peas
coleslaw
fruit, milk

30

BBQ chicken
sweet potatoes
corn, roll
fruit, milk

10

Pasta
w/ meat sauce
chef salad, garlic toast
fruit, milk

17

Pasta
w/ meat sauce
chef salad, dinner roll
fruit, milk

24

Pasta
w/ meat sauce
chef salad, garlic knot
fruit, milk

11

Pizza
w/ cheese & pepperoni
-or- buffalo chicken
chef salad
fruit, milk

18

Pizza
w/ cheese & pepperoni
-or- buffalo chicken
chef salad
fruit, milk

25

Pizza
w/ cheese & pepperoni
-or- buffalo chicken
chef salad
fruit, milk

This institution is an equal opportunity provider and employer.

1% white and low-fat chocolate milk are served daily. Cereal lunch and sandwiches (PB&J, tuna, and cheese) are served daily.

Menu subject to change.